

# SEBAGO HAPPENINGS

Fall 2018 - Spring 2019  
Volume 9, Issue 2

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## SEBAGO TRIVIA

How many islands does  
Maine have?

Answer on page 12.

## Recreation News

The Halloween Dance is on Saturday,  
October 27, 2018 from 5:00 pm - 7:00 pm.  
The Trunk or Treat Event will follow from  
7:00 pm - 8:00 pm.



Basketball sign ups are from now until Friday,  
November 2, 2018. Scholarships are  
available. Coaches are needed.



Snow shoes are available to use during the  
winter.

Baseball and softball sign ups will begin in  
March 2019. Coaches will be needed.

Please contact the Recreation Director Amanda  
Hawkes at (207) 749-8279 for more information.

## HOURS OF OPERATION

### Town Office

Tuesday 10 a.m. to 7 p.m.

Wednesday to Friday  
8 a.m. to 5 p.m.

### Transfer Station

Tuesday, Thursday,  
Saturday and Sunday  
7 a.m. to 5 p.m.

OPEN



Thank you to Wayne Allen  
and Tim Anderson of the  
Sebago Public Works Crew  
for helping to cut down a  
tree at Poor Cemetery.  
Their help saved the Town  
an estimated \$1,000. —  
Chris Parker, Selectman

# Town Manager's Report

By, Michele Bukoveckas

## Greetings and Salutations!

The dog days of summer have passed. Soon the leaves will change and fall, and before you know it, winter will be here again. Where has the time gone?

The newly formed school department is preparing for their first official school year as a new department. We wish them well and have confidence that there will be good things to come. Information regarding meetings and such can be found on their website which is:

<http://www.sebagolearners.org/>.



At Town Meeting in June, voters approved the town obtaining a bond to purchase a solar array to be located on the roof of the Sand/Salt Shed. Initially, last year voters approved a Purchase Power Agreement for the array which stretched out the payments over 25yrs with the option to purchase after year six. This would have delayed the return of savings from the array. By purchasing the array immediately, the town will be able to begin receiving savings from the array. It is my hope that construction will begin in September if it hasn't already. I plan on working with the company for regular updates on the project which might even include photographs from a drone.

Approximately 5,000 yards of gravel was placed on the Folly Road and graded this summer. What a difference it made. Let's hope that heavy rains and traffic will not abuse the road too much so all can enjoy a smoother ride.

Hogfat Hill Road is currently being rebuilt and will be paved this fall. Kudos to the crew for a job well done.

We appreciate everyone's patience during the process.



The cupola at the Historical building has been repaired and looks great. Thank you, Jessie Winters! This spring I was able to obtain a grant in the amount of \$2,500 for upgrades to the Town Hall kitchen. I hope to use these funds towards a hood for the stove and obtain

a 3-bay sink.

Soon we will be starting the CIP and Budget Committee meetings. As in the past, I can assure you that we all will work on a budget which will be fiscally responsible and provide you with the service you expect and deserve.



## PUBLIC WORKS "Winter" UPDATE



**MAILBOXES BEWARE** - Often the question arises as to who is responsible for any damage to mailboxes during snow removal. The Town is not responsible for any damage to mailboxes being hit by the plow trucks. The reason is that mailboxes are usually placed in the Town or State right-of-ways. The bottom of mailboxes must be set approximately 54" from ground level to allow a plow wing attachment to pass under it. The upright mailbox post should be set back from the edge of pavement at least 24" with a horizontal support extending outward to allow a mail delivery vehicle to keep its tires on the pavement and still be able to reach the mailbox door. When the mailbox door is in the open position (tilted down), the outer most edge of the door should be plumb with the edge of the pavement.

**WINTER SALT/SAND AVAILABLE FOR SEBAGO RESIDENTS** - Sebago residents and taxpayers may obtain salt/sand from the designated area in the lean-to building located in front of the Public Works Garage (and next to the EMS Building.) to use only on their own property located in the Town of Sebago. Contractors shall not obtain or use any town salt/sand for commercial purposes.

## From the Town Clerk's Desk

by, Maureen F. Scanlon

Greetings, I hope you had a wonderful spring and a great summer. July 1<sup>st</sup> marked the one year anniversary of my new position as your Town Clerk. I must admit that it has been a whirlwind year for me as I worked towards learning the new responsibilities of this important position. I'd like to take this opportunity to thank all of you for your patience and understanding during this time. I'd also like to thank you for your continued support as I endeavor to do the best job I can for you. At times I have been overwhelmed by the ongoing encouragement I have received from many of you. I cannot promise that I will not make mistakes along the way, but I can promise that I will always try to do my very best for you and any mistakes that I may make; I will try to learn from and never make them again.

I must say that I am very privileged to be able to work with such great people. My co-workers are not only intelligent and professional individuals but also a pleasure to work with as a true team. But, it is not just my co-workers that enhance the quality of my work days, it is also you, the wonderful people of Sebago that encourage me to do my best each and every day. I admit that it hasn't been an easy year, but things are starting to come together and I will continue to strive to do my very best for you.

At the start of November it will be a full year since we implemented the thirty minute lunch break which means that we close the office from 12:00 pm to 12:30 pm each day in order to allow the office staff to have some quiet time and enjoy a short break together. It seems to be working out pretty well and we all want to thank you for allowing us this brief break in our workday to recharge our batteries for a few moments. Unfortunately, when we have tried taking separate lunch breaks in the past and keep the office open continuously throughout the day it just hasn't worked out. This is a much better option and we want you to know that we truly appreciate your understanding and cooperation. It really makes a difference.



Did you know that the Town Office has a signed written agreement with the towns of Baldwin, Hiram, Porter and Standish to process motor vehicle registrations when our office is closed or in cases of emergency such as our computer system crashing?

This is not intended to be used for anything other than a vehicle that drives down the road. It does not include boats, ATVs or Snowmobiles. The only caveat to this is that you must **be prepared to pay the other town for Sebago's portion of your transaction by a separate check.** It cannot be paid by cash, credit or debit card. **If you are unable to pay with a separate check, the other town has the right to refuse to proceed with your transaction.**

It is also up to the other town's discretion in regards to the acceptable forms of payment for the portion of your transaction that you pay directly to them, so it would be wise to call them in advance to assure that they will be able to proceed with your transaction before you head over to their office.

In the coming year, we will continue to work on improving our office processes as we move ahead. We are always open to suggestions, if you have a recommendation that you would like to share, please feel free to contact me at the Town Office at (207) 787-2457.

Have a safe and happy fall and winter!

## Clerks Corner

**UPCOMING ELECTION** - On November 6, 2018 we will be conducting a State and a Municipal Election. Absentee ballots will be available on October 6, 2018. These are the Municipal positions that you will be voting on.

- 1 Selectman, Assessor, and Overseer of the Poor – term expires on 6/30/2020
- 1 Budget Committee Member – term expires on 6/30/2021
- 1 Sebago Cemetery Committee Member – term expires on 6/30/2020



There will be State Candidate and Referendum ballots as well.

Polls are located at the Town Office and will be open from 8:00 am to 8:00 pm. We are always looking for people to come and help count the ballots, if you are interested, give us a call.

### **OFFICE CLOSURE**

A friendly reminder that the town office closes from 12:00 pm to 12:30 pm every day for lunch. We apologize for any inconvenience this may cause you.

### **ATV & SNOWMOBILE REGISTRATIONS**

These registrations expire on June 30th, so don't forget to come see us and bring the most recent registration with you, or go on-line to re-register your vehicle.



### **BOAT REGISTRATIONS**

These expire in December. Please bring the most recent registration with you, if you plan to register your boat at the office.

### **VEHICLE REGISTRATIONS**

Please remember that you must provide a "current" insurance card when you register your vehicle at the Town Office. Unfortunately, we have had several residents come in with an expired card and ask us to contact their insurance company for a new card. As much as we strive to assist our customers in making their transactions as smooth as possible, **we are not allowed to contact your insurance company for you.** However, you may use your cell phone and have it faxed to our office at fax number 787-2760. There will be a \$2.00 charge for the incoming fax added to your total cost.

As always, it is a pleasure to serve you!

Maureen F. Scanlon, Town Clerk  
Desirae Bachelder, Administrative Assistant /  
Deputy Clerk  
Evelyn Exley, Deputy Clerk

## Ask the ACO

By Carl Hoskins  
Animal Control Officer



### **How to Contact the Animal Control Officer.**

If you encounter a situation that requires the assistance of Sebago's Animal Control Officer, please call (207) 595-5237. Leave a message for me and I will get back to you as soon as possible.

2019 Dog licenses will be available after October 15, 2018. Dogs 6 months and older need to be licensed every year. Please bring your dogs current rabies certificate. Licenses can be renewed online and we will send you your dogs license or as always come visit us at the Town Office. The cost is \$6.00 for a spayed/neutered dog, and \$11.00 for unaltered dogs. Renewals need to take place before January 31, 2019 or a \$25.00 late fee will be charged pursuant to Maine State Law, Title 7, Subsection 2923, Sections 1, 2 & 4.

The Annual Rabies Clinic will be held Saturday, November 17, 2018 from 10:00 am to 12:00 pm at the Town Hall Building, 418 Bridgton Rd (located in the lower level parking lot in front of the Town Office Building). The clinic is limited to cats and dogs, please **no** puppies or kittens. Shots cost \$10.00 each. Please bring the most recent rabies certificate to receive a 3 year shot, otherwise a 1 year shot will be administered. **Dogs must be on a leash and cats must be in a carrier. No sick or pregnant dogs will be vaccinated.**



## **Sebago Branch Duckers Snowmobile Club**



*The State of Maine has over 14,000 miles of trails that are marked & maintained. If you ride snowmobile locally, hopefully you have seen the continuous improvement in our local trail system. Sebago volunteers, (your friends and neighbors), work countless hours to keep the sport alive right here in your community. Over the past year, the club has grown once again in terms of membership numbers. Snowbanks at road crossings & trail entrances continue to be a challenge for us. Please, if you plow snow feel free to contribute to the club by keeping trail entrances open and safe. We also want to thank all the landowners who share their land with all of us. Without the landowners we wouldn't have a trail system. Have a safe & respectful snowmobile season!*

### **Membership Application**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Spouse: \_\_\_\_\_

Children: \_\_\_\_\_

Dues: \$30.00 Includes family or individual membership.

Annual membership includes local club dues as well as a Maine Snowmobile Association Membership. Members will receive a subscription to the Maine Snowmobiler newspaper and eligibility for the MSA scholarship program. (Must be a member for 2 years and enroll by January 1 of the current season.)

Please make checks payable to Sebago Branch Duckers and mail to...

PO Box 156

Sebago, Maine 04029

[SebagoBranchDuckers@gmail.com](mailto:SebagoBranchDuckers@gmail.com)

***Thank you for your support!!***

# Public Safety



## Cumberland County Regional Communications Center

William Holmes, Director

22B High Street, Windham, ME 04062

Deb Plummer, Deputy Director

207-893-2810 • [cumberlandcounty.org/ccrcc](http://cumberlandcounty.org/ccrcc)

The Cumberland County Regional Communications Center (CCRCC) welcomes the Town of Sebago Fire / EMS to our dispatch center. We understand that changing emergency communications centers can be a challenge, however please know that we stand prepared to assist you in any way.

As a regional communications center, we are the largest 9-1-1 / dispatch center in the region, serving 18 of the 28 Towns / Cities in the County as well as the Cumberland County Sheriff's Office.

We feel that you and your citizens will appreciate the service and technology provided by the CCRCC.

- Each of our staff members goes through an extensive background investigation including a polygraph examination.
- Each staff member must pass an entrance exam to be considered for employment.
- Each staff member undergoes an 18 week training program including several weeks at the Maine Criminal Justice Academy.
- Each staff member is licensed for both Emergency Medical Dispatching (EMD) and Emergency Fire Dispatching (EFD). This means that they have the tools and training to ask the right questions of each emergency caller, send the correct response to the calls and provide potentially lifesaving instructions to the caller while the Public Safety agencies are on their way to the call.
- Sebago citizens will now be calling the same agency which answers the 9-1-1 calls as well as dispatches your Public Safety staff to the emergency events.
- We have a minimum of 7 staff members working on the majority of each day. Should we get multiple serious calls simultaneously, we are well prepared to handle these events and assist one another.

In addition to providing the emergency service to your Town, the CCRCC also has the most recent technology to help your staff respond to the call and manage the call.

- Our CAD system, Spillman, is preprogrammed with your agency "response plans" to each emergency in each designated area of town including automatic mutual aid to and from other communities.
- The CAD system also tracks events during the call for historic and legal purposes.
- The 9-1-1 system allows our staff members to pinpoint the location of cell callers even if the caller is unable to speak.
- Our CAD system also has the largest pool of resources you might need to assist you in major / large-scale incidents.

- Our CODERED emergency alert system allows your senior staff the opportunity to notify the entire Town in minutes of emergency incidents / messages for your Town.
- The CCRCC infrastructure has substantial built in redundancy should the radios, telephones or computers go out of service.
- We also have an offsite back up facility should we ever need to evacuate the building for any reason. The offsite facility has the ability to perform every function that we currently perform at the CCRCC.

Among some of the other services we provide:

- We conduct extensive random Quality Assurance (QA) every month. Our lead supervisor spends a minimum of 20 hours each week reviewing calls for QA.
- On scene dispatching. If your agency is involved in a large-scale or lengthy incident, if you would like we can usually send one of our staff members to the scene to assist with organizational resources.
- 9-1-1 for KIDS training. One of our staff members provides a 9-1-1- training program for KIDS grades K-3. We have a 9-1-1 simulator which the kids can call in to talk with a 9-1-1 operator and become familiar with the questions the 9-1-1 operator might ask. In addition, the KIDS learn when to call 9-1-1 and when NOT to call 9-1-1. We try to schedule these trainings with the Fire Department members present as well. Often, the FD will ask us to attend a Fire Prevention Week class in their community.

The CCRCC considers ourselves an extension of your agency and community. If someone calls and asks for the Sebago FD we tell them they have reached the Sebago FD and ask how we can help them. We look forward to working with you and your staff for many years to come. We welcome and encourage the members of your agencies and your community to stop by the CCRCC for a tour, coffee and conversation at any time.

Sincerely,

Bill Holmes



## **CALL FOR VOLUNTEERS**

The Town of Sebago is seeking volunteers that would be willing to film:

Board of Selectmen Meetings — 2 meetings a month

Planning Board Meetings — 1 meeting a month

School Board Meetings — 2 meetings a month

Training will be provided by Lake Region Television.

If interested, please contact Michele at the Town Office:

(207) 787-2457

Or

[townmanager@townofsebago.org](mailto:townmanager@townofsebago.org)





## Sebago Eagles Soar!

By Allen Crabtree

When Sebago Elementary School 4<sup>th</sup> grader Ryan Johnson decided to enter the school-wide competition to create a new school mascot, he was not sure what he was going to draw. He did know, however, that he loves sports teams and mascots, and wanted something that captured the spirit of Sebago Elementary.

He drew a sketch of a very determined eagle, wings outspread and claws open, holding a Sebago Elementary School banner in its beak. “Eagles are powerful,” Ryan said, and his sketch certainly is! His sketch was one of 6 entries and was selected by the school as the emblem of its new mascot. With a little help from Sebago’s Art Teacher Brenda McGuinness, the sketch was presented to the Sebago School Committee and approved at their July 24, 2018 meeting.

The new Sebago Eagle is already featured prominently on a flag that flies in front of the school and will be displayed on a sign in the school playground and on a banner for the common room. Sebago Principal Kirsten Goff was even able to get the Sebago Eagle on t-shirts for the entire school. On the opening day of school this week the entire school donned their new t-shirts and gathered on the front lawn of Sebago Elementary School to proudly show off their new Sebago Eagle.



At the same time that the Sebago Eagle was being created, Wendy Newcomb and Evelyn Abrams of the Sebago School support organization, Sebago Partners in Community Education (*SPICE*) submitted a total of nine designs for a new and unique Sebago School Logo that reflects the independent Sebago School Department. The School Committee approved two of Wendy’s designs at their July 24, 2018 meeting. One will be used by the School Department and one by the School, and both will be featured on letterheads for stationery and featured on the school website.

These visual elements, the Sebago Eagle and the Sebago Logo, are intended to provide a sense of identify and pride for teachers, parents and students who have embarked on their new journey as an independent school creating successful students and fostering lifelong learners.





# COMMUNITY INFORMATION

The Sebago Food Pantry is open to all Sebago residents whose income meets the low income requirements. The pantry is located at the Warming Hut on Route 114 in the Sebago Church of the Nazarene parking lot and is open every Monday.

The 1st Monday of the month the pantry is open from 9:30 AM - 10:30 AM, the 2nd Monday 9:30 AM - 11:00 AM, the 3rd Monday 9:00 AM - 10:30 AM, and the 4th Monday 9:30 AM - 11:00 AM and 3:00 PM - 5:30 PM.

If there is a 5th Monday the pantry is open from 9:30 AM - 10:30 AM.

FMI call Liz Brown 787-5105.

The Sebago Clothes Closet is located on Rte. 114 in the Warming Hut building. It is open to all Maine residents on Saturday mornings from 9:00 AM - 12:00 PM. All in need of gently used clothing, outerwear, footwear and bedding please come and see what is available.

There is no charge but clothing donations are welcome.

FMI call Corinne Aucoin 787-2177.



Bingo and Cribbage games are held at the Sebago Church of the Nazarene every Tuesday morning from 10:00 AM - 12:00 PM. There is no charge for the Bingo; it is a social time for all. Come and enjoy Bingo and Cribbage and socialize with your neighbors. FMI call Corinne Aucoin 787-2177.

The Sebago Community Meal (formerly the Senior Meal) is held on Tuesday at 12:00 noon at the Sebago Church of the Nazarene on Rte. 114. Come and enjoy a good meal and socialize with your neighbors. A \$3.50 donation is appreciated, but not necessary.

FMI call June Johnson 787-3145 or Corinne Aucoin 787-2177.

Sebago has a Medical Equipment Lending Closet housed at the old Town Hall building. Medical supplies are available to all in need of them. There are wheelchairs, walkers, a hospital bed, lifts, crutches, tub and shower chairs, etc. available. Please contact Corinne 787-2177 or Chris 787-2870, if you need to borrow equipment or would like to donate items.



“Time you enjoy wasting is not wasted time.” - Marthe Trolly-Curtin

# History Repeats Itself in Sebago

By Allen Crabtree



***Events flow in a circle, What goes around, comes around. Anonymous***

Sometimes the more things change, the less change there really is. If you view the education of Sebago's children in the context of history, it appears that we've come full circle over the years and the town's current educational situation seems like history repeating itself.

Education of our children has been a Sebago priority from the town's early days where there were many small one-room school houses scattered around town. These operated for many years. It was a red-letter day in March 1950 when Dorothy Spaulding gave to the town the building and land for the town's first Consolidated Grammar School. This structure was built as an inn in 1880 before additions and being converted to a school. Located in East Sebago, it was ideally situated to house the town's elementary students. As Sebago Elementary School it became the focal point of our little town, providing a quality education for our children.

Potter Academy was another significant Sebago educational institution. To meet the educational needs of our older children, the Academy was built in 1895 in Center Sebago as the town's high school and operated there for 76 years.

All that changed in 1971 when Sebago joined Maine School Administrative District 61 (MSAD61). At that time Sebago transferred the deed for the elementary school and a portion of the land that was included with the school building to MSAD61. Sebago's elementary students continued to be educated at Sebago Elementary School, but it was now one of four elementary schools in the District. Sebago's Potter Academy was closed, and along with the other towns in MSAD61 (Naples, Casco and Bridgton) Sebago's older students attended the Lake Region Middle and High Schools in Naples.



## Sebago leaves MSAD61

Sebago's relationship with MSAD61 had its ups- and downs over the years, but the persistent threat of MSAD61 closing our Sebago Elementary School was one of several factors that precipitated Sebago's withdrawal from MSAD61. After two years of negotiating, a withdrawal agreement was reached whereby Sebago would leave MSAD61 and become an independent municipal school system. On November 7, 2017 Sebago voters overwhelmingly approved withdrawing from MSAD61 after 46 years and the Sebago School Department was born.

As the saying goes: "what goes around, comes around." As part of the withdrawal agreement MSAD61 transferred the Sebago Elementary School building and land to the Town of Sebago on July 2, 2018, back to where they used to be many years before. Sebago Elementary School now belongs to the town again, and once again Sebago has its own school and the independence to educate our children as we see fit. As part of the withdrawal agreement, our older students will go to Lake Region middle and high schools, or to other school districts.



### What will the future hold?

Now that education in Sebago has come full circle, what will the future hold? Being on our own is a little scary as we are now responsible for not just the education of our children but also all the other details that were handled by MSAD61 when we were part of it.

There is great value, however, in being masters of our destiny and things are off to a very good start since the Sebago School Department began operations on July 1, 2018. School started on August 29, 2018 at our own Sebago Elementary School with a full complement of good teachers and staff, eager students, super supportive parents and the strong backing of the Sebago community. If history is any guide, Sebago will do fine on its new course, melding our heritage of dedication to the quality education of our children with a firm commitment to a bright future for them and our town.

## Sebago Historical Society Halloween Tour



Sunday, Oct 28, 2018 • 5:00pm At the Haley Cemetery, Convene Road.

Something new from the Sebago Historical Society this year will be a tour through the Haley Cemetery just before Halloween. First get psyched up for Halloween at the Town Hall Halloween party on Saturday Oct 27<sup>th</sup> - and then continue to keep in the spirit of things for our Sunday cemetery tour!

Historical Society members will tell stories about interesting characters, we'll look at some notable graves in the cemetery and we'll keep an eye out for ghosts! Some of the founding fathers of the town of Sebago are buried here – John Pugsley (d. 1847), John Libby (d. 1862), John Meserve (d.1868), John Douglass (d. 1872). There's an important gravestone that commemorates a Revolutionary War soldier, Robert Libby (d. 1847). The cemetery shows that the early families of Convene – such as the Libbys, Pugsleys, Haleys, Meserves and Douglasses - were closely connected as neighbors and often by marriage. The community produced a number of adventurous spirits! Of about a dozen or so Sebago residents who went west to seek their fortunes in the late 1800s during the California Gold Rush, about half of them were from the Convene area and two of them are buried in the Haley Cemetery – Seth Douglas (d. 1895) and David Haley (d. 1898). Be an adventurous spirit yourself and visit all four corners of the cemetery as darkness falls.... The cemetery itself is located on land originally owned by the Pugsley family, then later by the Haley family. We have early photographs of the cemetery taken by William Haley Jr's son John, who maintained a photography studio at the Haley Farm in the late 1800's into the early 1900's.

After the tour, Halloween treats will be available! Come dressed for Halloween fun and watch out for spooky Sebago characters! This is a family-friendly event emphasizing a fun and respectful visit to local historic graveyard. No unsupervised children, please!

What was Kimball Corner Road originally called? Who were the Kimball's? Why was the road also called Jim Shaw Hill road? What connection does King Hill Road in Naples have with Sebago history? To find the answers to these questions, please visit the Sebago Historical Society table at the Town Office on Election Day where you can purchase our 2019 calendar "Kimball Corner Road." This is the third in a series entitled "Neighborhoods of Sebago," and is \$10.00. It contains photos and stories of the North Sebago Church, and the Anderson, Batchelder, Wentworth, Burnell, Stickney, Gregory, Ward, McKenney and Larrabee families.

The 2018 calendars are now \$5.00 and calendar bundles can be purchased for \$10.00. Also available are Jubilee Cookbooks, Notecards, and the 11" x 17" 1871 map of Sebago.

Visit our website at [www.sebagohistoricalsociety.org](http://www.sebagohistoricalsociety.org)



## **Spaulding Memorial Library**

Besides books, audio books, magazines, and DVDs to borrow, Spaulding Memorial Library offers free Wi-Fi, computers to use at the library, low-cost photocopying and faxing, meeting space for community groups, and a beautiful place to stop in and enjoy.

Elementary school classes visit the library each month of the school year for a story, a library lesson, and the opportunity to browse the many children's books and take out a couple to read at home.

Once a month, kids can practice their reading skills by reading to Addie, a beautiful, mellow golden retriever who is a trained therapy dog. Dates and times for this are posted on the library's sign.

The library is a very active participant in the Maine State Library's Interlibrary Loan Van Delivery. Thanks to a grant from the State of Maine, we are one of the libraries who can send and receive books from other member libraries at no cost to us. So if you know a book you would like to read and we don't have it, ask us if we can borrow it for you from another library. Our card catalog information is available on our website.

The library sponsors a monthly Book Discussion Group from September through May. It's open to any adult who likes a lively and fun conversation about each month's selection. No need to buy each month's book because we get copies interlibrary.

Do you have a hobby or talent to share with others? We'd like to help set up classes at the library. Please let us know.

Also, we are open to suggestions for the library to become more involved in our community. Again, let us know if you have ideas.

We in turn need more involvement from the community to volunteer at the library. Some volunteers are needed to assist the staff. We always need others to help bake delicious goodies to sell at our fundraisers.

We look forward to seeing you in the library.

Our hours:

Monday 8:30 am - 7:00 pm

Wednesday 8:30 am - 7:00 pm

Saturday 9:00 am - 1:00 pm

Sunday 2:00 am - 4:00 pm



SEBAGO

TRIVIA ANSWER

Maine has  
3,166 Islands.

# Portland Water District

## Sebago Lake's Water Temperature

By Nate Whalen, Portland Water District

A woman I know who often swims in Sebago Lake told me that the lake water seemed warmer than normal this summer. I've heard comments similar to this one before - comments like, "I've been coming here for 30 years and have never seen the lake so \_\_\_\_\_ (fill in the blank - warm, cold, clear, cloudy, high, low). I try to pay attention and keep an open mind to peoples' observations because first-hand observations can provide unique insight. I also seek to verify observations with data when I can. The lake did seem warm to me this summer, too. And in the case of temperature we have some historical data we can use to test the validity of this observation. We have measured the lake surface temperature for almost 30 years. Was it really warmer this summer? If so, is this a trend or an unusual year? I decided to look into it.

The data shows a few interesting things. First of all, the woman who thought the lake seemed warmer was right. The data shows that lake surface temperature is trending incrementally upward. The average summer surface temperature has risen from 69 to 72 degrees F since we started taking measurements in 1990. Looking more closely at the data reveals an interesting thing: the maximum hottest temperature hasn't gotten warmer over that time, but the cooler temperatures are not as cool as they were. The lake is gradually warming up earlier in the year and cooling down later.

If these changes are part of a larger regional trend related to longer and hotter summers there may not seem to be much you (and we) can do to reverse it. But there is one thing that could help minimize higher temperatures: trees and other plants. The water flows to the lake over the land around it. Water flowing to the lake through forested and vegetated land will be cooler when it reaches the lake than water flowing over paved land or wide, green lawns.

If you own forested land in the watershed, that's another good reason to maintain those woods. If you own an individual residence establishing and maintaining buffer plants, trees and shrubs in your yard will similarly result in cooler water running off your land to the lake.

And you'll have less lawn mowing to do.



# The Importance Of Property Identification

EMERGENCY  
CALL 911

By, Desirae Bachelder

**Identifying your building/house** – For Fire and Rescue purposes it is very important that you place your street number on your house or building in a location visible from the street or driveway. The height of each number in your address should be a minimum of 4 inches. The color of the numbers should contrast with the color of the building.

In addition, if your house or building is located further than 75 feet back from the road or otherwise not visible from the road, your street number (made of reflective materials, minimum height of 4 inches) is required to be placed at the beginning of your driveway. (Acceptable methods for display include the use of your mailbox, placement of a plaque on a post, etc.).

Not only is this a matter of inconvenience for receiving deliveries of oil, propane, or packages; it is also a matter of life safety. In the event of an emergency, Fire, Rescue and Law Enforcement personnel need to find you as quickly as possible.

If for some reason you do not know what your physical address is for your property, please contact Brandon Woolley at the Town Office for this information.

REMEMBER — SOMEONE'S LIFE MAY DEPEND ON IT!

## NOTES FROM AMBULANCE 5

By Anita Chadbourne-Field, EMT-Paramedic  
EMS Captain, Sebago Fire Department

Let's talk about the flu.



In this installment of Notes from A5, I'd like to talk about seasonal influenza. The flu is a respiratory illness and is spread from person to person by coughs and sneezes in much the same way a cold is. A cough or sneeze can spread droplets containing the flu virus up to 3 feet landing on another person's nose/mouth/face or a surface, such as a table or telephone, that is then touched by another person. If the person then touches his or her nose/mouth/face the flu virus may be passed on. Flu viruses can live on hard surfaces for approximately 2-8 hours! Flu viruses are killed by heat, hydrogen peroxide, bleach, soap, iodine-based antiseptics, and alcohols when used at the proper strength and for sufficient contact time.

Symptoms of the flu include: headache, body aches, cough, sore throat, a runny or stuffy nose, fatigue and a fever of 100-104 degrees F. The big difference between cold symptoms and flu symptoms is the fever. If you have a fever AND cold symptoms, you may have the flu. Seasonal influenza is NOT associated with nausea, vomiting or diarrhea in adults. A lab test is required to determine if you truly have the flu virus as it is hard to tell based on symptoms alone if someone has the flu.

If you are exposed to someone with the flu, you may get sick within 1-4 days. You can help to prevent illness by washing your hands frequently, covering your cough with a tissue or coughing into your arm not your hand, staying home when you are sick, and getting a flu shot. In the State of Maine, influenza season is October to May. Those at highest risk for contracting the flu are: children less than 5 years old, adults over 65 years old, those with chronic medical conditions such as cardiac, respiratory, endocrine, or neurological diseases and those who are immunocompromised (weak immune system due to disease or medication). Complications of the flu may include pneumonia, dehydration, or worsening of a chronic condition. The flu can be fatal and, according to the Maine Center for Disease Control, approximately 36,000 Americans a year die from flu related complications.

If you find yourself in the ambulance and are experiencing flu-like symptoms, please don't be surprised if the crew member is wearing a mask or asks you to wear one. The back of the ambulance is a small space and your crew members do not want to get sick. EVERYTHING in the back of the ambulance is within 3 feet of the cot so the crew cannot avoid droplets in the air after a cough or sneeze. The best way to avoid an ambulance ride during cold & flu season is to remember to stay home when you are sick, cover your cough or sneeze with your arm (or a tissue), and wash your hands frequently. These are all effective techniques for avoiding a cold as well as the flu.

Enjoy the rest of the newsletter and remember to support your local public safety providers. It could save your life.



## MISSION STATEMENT

To provide truthful, up-to-date, and educational information on how the community works, in order to provide the opportunity for making informed decisions while also enriching the lives of our citizens that want to live here, prosper, and raise their families.

## **TOWN OF SEBAGO**

406 Bridgton Rd.  
Sebago, ME. 04029

Phone: 207-787-2457  
Fax: 207-787-2760

We're on the Web!  
[www.Townofsebago.org](http://www.Townofsebago.org)

## **COMMUNITY CALENDAR & IMPORTANT REMINDERS**

### **BOARD OF SELECTMEN MEETINGS**

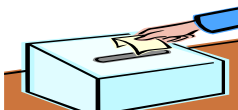
(Tuesdays at 6:00 p.m.)  
September 4th & 18th  
October 2nd & 16th  
November 6th  
December 4th  
January 1st  
February 5th  
March 6th & 18th

### **PLANNING BOARD MEETINGS**

(Tuesdays at 7:00 p.m.)  
September 11th  
October 9th  
November 13th  
December 11th  
January 8th  
February 13th  
March 13th

### **ELECTION DAY**

Tuesday, November 6, 2018  
(Polls are open  
8:00 a.m. to 8:00 p.m.  
at the Town Office Building)



### **2017-2019**

### **PROPERTY TAX DUE DATE**

Tuesday, November 6, 2018  
&  
Tuesday, May 7, 2019



### **WANT TO SAVE SOME TIME? WHY NOT DO YOUR TOWN OFFICE TRANSACTIONS ON-LINE?**

If you would like to save some time, Instead of coming to the Town Office during normal business hours, you can renew your recreational licenses, boats, ATVs, dogs, vehicles, and trailers on-line by using the links on our webpage at  
[www.townofsebago.org](http://www.townofsebago.org).

### **SEBAGO BRANCH DUCKERS SNOWMOBILE CLUB**

Meetings are the first and third  
Saturday of each month at  
8:30 a.m.

### **GENERAL ASSISTANCE HOURS**

GA hours are now Tuesdays from  
1:30 PM to 3:30PM

### **ASSESSORS FIELD WORK**

Just a reminder that every spring the Town of Sebago starts conducting it's yearly assessing of resident's properties.

Employees from John O'Donnell & Associates have permission from the Town of Sebago to assess properties in the Town. **If you have any questions or concerns, please call 787-2457**

### **RABIES CLINIC**

Saturday, November 17, 2018  
10:00 am to 12:00 pm  
at the Town Hall Building.



### **DAYLIGHT SAVINGS TIME**

Daylight Savings begins  
Sunday, November 4, 2018.  
Don't forget to Fall Back!

