

Sebago Happenings

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Spring - Fall 2019
Volume 10, Issue 1

HOURS OF OPERATION

Town Office

Tuesday 10 a.m. to 7 p.m.

Wednesday to Friday 8 a.m. to 5 p.m.

Transfer Station

Tuesday, Thursday, Saturday and Sunday
7 a.m. to 5 p.m.

SEBAGO TRIVIA

HOW MANY
MILES OF
COASTLINE
DOES MAINE
HAVE?
ANSWER ON
PAGE 5.

Have you ever wondered what's going on in Town?

Go to our website townofsebago.org and
Subscribe to News.

Follow the prompts and you'll receive an e-mail anytime the
website is updated.

There is a lot of information on the website, take a look and
see what you can find!

Recreation News

The Easter Egg Hunt is April 20, 2019 at 9:00 am. Location is to be determined depending on the weather and amount of snow. We are looking for candy donations and small prizes. Updates about the location will be put on the Facebook page as we get closer and an announcement will be sent home in Friday folders.

Baseball and Softball sign ups are still going on. Please have them contact Amanda Hawkes (207) 749-8279.

Be on the look out for the annual field clean up day for the baseball and softball fields. The date is to be determined, again pending the snow on the ground.

Tractors and equipment to grate and clean the fields is always appreciated. Announcement will be posted on the SYAA and Recreation Facebook pages.

Clerk's Corner

UPCOMING ELECTION - On May 28, 2019 there will be a Municipal Election. Absentee ballots are available on **May 11, 2018**. These are the positions that you will be voting on.

- 2 Selectman, Assessor, and Overseer of the Poor – 3 year term
- 2 Budget Committee Members – 3 year terms
- 1 Budget Committee Members – 2 year term
- 1 Sebago School Board Member – 3 year term
- 1 Potter Trustees Committee Member – 7 year term
- 1 Potter Trustees Committee Member – 2 year term
- 1 Sebago Cemetery Committee Member – 5 year term

Referendum questions will be posted at the Town Office when they become available.

Polls are located at the Town Office and will be open from 8:00 AM to 8:00 PM. We are always looking for people to come and help count the ballots, if you are interested, give us a call.



TOWN MEETING - Tuesday, May 14, 2019 at 6:30 PM at the "Old" Town Hall building. (408 Bridgton Rd.)

OFFICE CLOSURE - A friendly reminder that the town office closes from 12:00 PM to 12:30 PM every day for lunch. We apologize for any inconvenience this may cause you.

ATV & SNOWMOBILE REGISTRATIONS - These registrations expire on June 30th, so don't forget to come see us, or go on-line to re-register your vehicle.

VEHICLE REGISTRATIONS: Please remember that you must provide a "current" insurance card when you register your vehicle at the Town Office. Unfortunately, we have had several residents come in with an expired card and ask us to contact their insurance company for a new card. As much as we strive to assist our customers in making their transactions as smooth as possible, **we are not allowed to contact your insurance company for you.** However, you may use your cell phone and have it faxed to our office at fax number 787-2760. There will be a \$3.00 charge for the incoming fax added to your total cost.

As always, it is a pleasure to serve you!

Maureen F. Scanlon, Town Clerk
Desirae Bachelder, Administrative Assistant /Deputy Clerk
Evelyn Exley, Deputy Clerk



PUBLIC WORKS

POSTED ROADS

The roads listed below will be closed to vehicles with a GVW of 23,000 or more from March 15, 2019 to May 5, 2019. For questions call Wayne Allen 615-3004.

Anderson Rd.	Moose Cove Lodge Rd.
Dyke Mountain Rd.	Orchard Rd.
Folly Rd.	Peabody Pond Rd.
Hancock Pond Rd.	River Rd.
Hawkes Rd.	Robinson Hill Rd.
Hogfat Hill Rd.	Swamp Rd.
Kimball Corner Rd.	Woodland Rd.



RECONSTRUCTION

The Public Works Department will be reconstructing Hawkes Road this summer. Last summer the PW crew reconstructed Hogfat Hill Road, costing the Town an estimated **\$350,000** less than what it normally would have cost for it to be contracted out, and the road came out beautifully. We have a small crew so please bear with us while the guys work on the road, as well as doing their normal work.



Never Kick A Skunk
Anonymous

TOWN MANAGER'S REPORT *By Michele Bukoveckas*

Another year has come and gone and with it many lessons were learned. I tried to start each day with the attitude that an opportunity to learn would present itself. I found this to be true and I continue to learn each day.

I usually end with thanking the staff and volunteers for their dedication and hard work. This year, I would like to begin with a heartfelt "thank you" to everyone. Your devotion to come together whether to "help out" or to "clock in" is amazing. Sebago is very fortunate to have people who care and support each other. Thank you for making Sebago a great place to live and work.

Once again, the Department Heads, Capital Improvement Program Committee, Budget Committee and the Board of Selectmen met for another budget cycle. We have done our best to keep expenses low, but unfortunately there are items that are out of our control. Rest assured that we all worked hard to prepare a budget that is not only reasonable, but will help keep Sebago in good fiscal order and still provide services.

Last year Sebago successfully withdrew from M.S.A.D # 61 and formed its own school department. This endeavor was not only fiscally beneficial for the tax payers of Sebago, but ensured that our children will continue to have a quality education right here at home. By the time you read this, Sebago Elementary School will have completed its first year on its own. There were a few bumps along the way and I am sure there might be a few more, but in the end it will all be worth the hard work. Thank you to everyone that made this possible.

In June 2018 voters approved a bond to build and pay for a 56KW solar array on the Sand/Salt Shed. This array will not only reduce our carbon footprint, but will provide Sebago the ability to offset a large portion of our electrical dependence on the electrical grid for many years to come. As part of the package, an electrical charging station is available for citizens at the Town Office. To further reduce costs, the town converted all town owned street lights to LEDs. It is my hope that this will result in savings for all taxpayers.

Public Works was busy reconstructing Hogfat Hill Rd. It is estimated that the town saved approximately \$350,000 by completing this project versus having contracted it out. Mother Nature got a head start on winter so paving had to wait for this Spring. It may have seemed like a long event, but I believe the end result was well worth the wait. This spring, the crew will begin working on Hawkes Road. Keep in mind that a great job takes time, please be patient with us.

Continued improvements were made to the Town Hall such as installing a new sink and hood which were made possible through a Community Foundations Grant. I would like to have a "work day" where all organizations that use the facility get together and do a thorough cleaning. This building is an important part of Sebago and needs to be maintained.

In closing, feel free to contact me with concerns or stop by to say "hi".

"Every day is a great day. You just have to find out why".

Spaulding Memorial Library



Besides what might be considered the usual books, audio books, magazines and films to borrow, Spaulding Memorial Library offers free Wi-Fi, computers to use at the library, low-cost photocopying and faxing, meeting space for community groups, and is a beautiful place to stop in and enjoy.

During the school year, Sebago Elementary School classes visit the library each month for a story, a library lesson, and a chance to browse the many children's books and take out some to read at home.

A fun program at the library is the monthly Read to a Dog. Addie, a golden retriever and a therapy dog, and her owner/trainer Susan Farrell come to the library providing a chance for young readers to enjoy Addie's company while they read to her. (Children must be accompanied by an adult.)

Push Back the Stacks is a program sponsored by the library that presents free family events. These usually occur over the summer into the fall and present authors, musicians, entertainers, or natural history programs.

Summer also means library fundraising events. The Book, Bake, and Plant Sale held during the Memorial Day weekend, is a popular event for getting gardens ready and stocking up on summer reading. July's Sebago Days brings along the Book and Bake Sale. Have a homemade goodie while you wait for the parade and load up on more reading at very reasonable prices.

The library is again very fortunate to have the support of the Pam and David Donohue family for a putting contest to raise money for the library at their Sebago putting green. This will be held August 3rd. After the contest, there will be a very tasty meal and a silent auction, all on the beautiful Donohue property on the lakefront.

Did you know the library's card catalog is available on our website? If you know of a book you would like to read but we don't have it, check with us to see if we can borrow it from another library. We are a very active participant in the Maine State Library's Interlibrary Loan Van Delivery. We can send to and receive books from other member libraries at no cost to us.

It is through the Interlibrary Loan program that we get multiple copies of each month's selection for our Book Discussion Group. This group runs from September through May, open to any adult who likes a lively and fun conversation about the month's book.

Other events sponsored by the library to watch for are May's Lawyer in the Library (free general legal advice) and Meet the Candidates before town elections.

If you are in an organization that is looking for a meeting space, consider meeting at the library and contact us about the possibility. Last year, over 350 people from various groups met at the library.

We hope to see you at the library.



COMMUNITY ACTIVITIES

The Sebago Food Pantry is open to all Sebago residents who meet the income requirements. The Pantry is open on Monday mornings from 9:30 AM – 11:00 AM. On the fourth Monday of the month the Pantry is also open from 4:00 PM – 6:00 PM. For more information call Liz Brown at (207) 787-5105 or Kim Secord (207) 787-5133.

The Sebago Clothes Closet has gently used clothing, footwear, bedding and other extras available to all Maine residents at no charge. The Clothes Closet is open every Saturday morning from 9:00 AM – 12:00 PM. It is located in the small white building in the parking lot of the Sebago Church of the Nazarene on Route 114. Come and check out the merchandise. Donations of good used clothing welcome.

FMI contact Corinne AuCoin (207) 787-2177.



Bingo, and hopefully soon cribbage, is held on Tuesday mornings from 10:00 AM – 12:00 PM at the Sebago Church of the Nazarene on Route 114 in Sebago. There is no charge for Bingo and everyone is welcome. Come play and socialize with your neighbors.

FMI call Corinne AuCoin (207) 787-2177.

The Sebago Medical Loan Closet is located in the “old” Town Hall building in Sebago. This is available to all residents of Maine at no charge. There are lots of walkers, wheelchairs, crutches, canes, tub and shower chairs, etc. available. Call and see if we have the equipment you need.

FMI call Corinne AuCoin (207) 787-2177 or Chris Hagan (207) 787-2870.

The Sebago Community Lunch (formerly the senior lunch) is held on Tuesdays at noon at the Sebago Church of the Nazarene on Route 114. All are welcome.

Come enjoy the food and socializing. Donations of \$3.50 are welcome.

FMI call June Johnson (207) 787-3145 or Corinne AuCoin (207) 787-2177.



A low impact exercise and walking program especially geared for seniors is held on Monday, Wednesday and Friday mornings from 10:00 AM – 11:00 AM. This program is held at the Sebago Church of the Nazarene on Route 114. All are welcome.

FMI call Corinne AuCoin (207) 787-2177.

Thank You to everyone that submitted an article for this edition of Sebago Happenings. If you know of any other organizations in Sebago, please ask them to contact me at adminassist@townofsebago.org. There is always room for more information to be packed into this Newsletter!



SEBAGO TRIVIA ANSWER

**THE MAINE COAST RUNS ABOUT
3,500 MILES—THAT’S MORE
COASTLINE THAN CALIFORNIA.**

Determination gives you the resolve to keep
going in spite of the roadblocks that lay
before you.
Denis Waitley

Greetings from the Town Clerk

by, Maureen F. Scanlon

It is hard to believe that another year has already slipped past so quickly. Once again it is time to report on the transactions that we've handled in the Town Clerk's office.

I'm happy to report that things have really come together this year and that I have a great team that I work with on a daily basis. Our Administrative Assistant/Deputy, Desirae Bachelder, our Deputy Clerk, Evelyn Exley, and I all work hard at assuring that your quality of life here in Sebago is enhanced in any way that we can, even when you don't know that we are doing it. Of course, these aren't the only people on our team. We are supported in our efforts by the Selectmen, the Town Manager, the Code Enforcement Officer, the Public Works Crew, the Fire and Rescue Staff, the Recreation Director, the Election Workers and the many volunteers that all work with us as part of our team. Not only do they help us provide service to the citizens of Sebago, but I must add that it is wonderful to work with such skilled and dedicated professionals.

The Clerk's Office maintains the town's records which includes vital records and statistics, Selectmen agendas and minutes, appointments and oaths of office, public hearings, and various other documents. The office issues State and Town licenses, vital records and provides information to both Town Officials and the general public in accordance with State Law. Although it is not a State requirement, the Clerk's Office here in Sebago also provides Notary Public Services and Dedimus Justice Services free of charge.

One thing that we find true in the Clerk's Office is that although there are certain tasks that we perform on a regular basis, you never know what will come up next and every day is different. We never know who will be stopping by on any particular day. It sure keeps things interesting. Thanks to all of you that work with us to complete your transactions to the best of our abilities. It is our pleasure to serve you.



IMPORTANT DATES TO REMEMBER

New this year, the Annual Town Meeting date has been moved from the first Saturday in June. It will now be held at the Town Hall Building on Tuesday, May 14, 2019 at 6:30 pm and will be immediately followed by the Sebago School Budget Meeting. The Municipal and Sebago School Budget Referendum Elections will be held on Tuesday, May 28th at the Town Office Building from 8:00 am to 8:00 pm.

Property Taxes are due the 1st Tuesday in November and the 1st Tuesday in the following May.

The annual "Sebago Days" event is held on the 3rd Thursday, Friday and Saturday in July. The awesome fireworks display is held on Saturday night.

GENERAL ASSISTANCE:

The General Assistance Administrator sees clients at the Sebago Town Office on Tuesdays from 1:30 PM to 3:30 PM. If you need assistance, please be prepared to provide information on your income and expenses for the most recent thirty-day period.

Did you know ?

Did you know that the Selectmen and Planning Board Meetings are now taped and posted to the website. Visit our website www.townofsebago.org to view the meetings.

Maple Grove Grange #148

It is, indeed, a pleasure to be part of the Town of Sebago and send a report to your annual report.



Maple Grove Grange #148 has been a part of Sebago for many years and will remain so for many more to come. The organization started as an agricultural one, but now concentrates on community service. Each year the members participate in town activities such as Sebago Days, placing flags on grave sites, and filling the board by Sebago Elementary School. They also continue to collect tabs from cans to send down to Ronald MacDonald House in Portland. (They turn these into cash to purchase items needed for those staying there.) If you have not been there you really should visit and find out what they do for the families of critically ill children.

The grange also helps to support the Barbara Bush Children's Hospital at Maine Medical Center, the Center for Grieving Children by sending in handmade quilts, and also "The House in the Woods" by saving and donating pennies and handmade lap robes for the veterans. Each year the members are involved with "Words for Thirds" by donating dictionaries to all third graders at Sebago Elementary School.

Our biggest project is working with the local Lions Club to put on our annual "Breakfast with Santa". The student council from the school and helpers from the PTC are also involved. The children come and shop for gifts for family members and pets. The gifts are wrapped by "Elves" and the kids are assisted through the shopping process. We all have a great time.

Maple Grove Grange #148 meets on the fourth Monday of each month (unless otherwise notified) at the Sebago Center Community Church. Members proudly serve at Sebago Days, on the Sebago Fire Department, at the Sebago Historical Society and at the church where we hold our meetings. The meetings start at 7:00 pm and are usually preceded by a pot luck supper at 6:00 pm.

We also set up handiwork displays at the Ossipee Valley Fair and the Fryeburg Fair. Money earned from these exhibits goes to the scholarship fund distributed to the students of Sebago. Please join us and have fun with us.

You may contact Norma Haines at 625-2360 or Ann Burns at 787-2489 for further information.

Hope to see you soon, have another great year.

Submitted by Norma Haines, Master



FROM THE DOGHOUSE (Ask the ACO)

By Carl Hoskins, Animal Control Officer
call (207) 893-2801 Ext 2
(Cumberland County Dispatch)
aco@townofsebago.org



I have been your Animal Control Officer for just over a year and a half now and I have learned a lot and have enjoyed being your ACO. The position of ACO is a rewarding one the majority of the time, but I wouldn't change the job for anything. Should you ever have any questions comments or concerns please do not hesitate to contact me.

The number of calls for service have increased drastically from before I took this position until now.

Along with the types of calls.

I would like to remind everyone, if you see a dead animal please do not touch them, if it is a domesticated animal (household pet) please leave them where you find them and call the ACO, I can hopefully locate the owner and bring

closure to them. If it is a wild animal (not a household pet) you need to call a Maine State Game Warden. To reach the Warden Service Please call Maine State Police Dispatch at 1-800-452-4664 (State Police Dispatch Augusta).

I would also like to remind everyone that you are required by State Law to Register your dog. You can do this from mid-October of the current year until January 31st of coming year with no late fees attached. The cost is \$6.00 for Spayed/Neutered and \$11.00 for non-Spayed/Neutered. If you register your dog after January 31st, there is a \$25.00 late fee attached. If you do not register your dog you could be summonsed to Court which is a Civil Violation under State Law. The late fee does not apply if you are registering your dog for the first time

Please again do not hesitate to contact me with any questions.



THE IMPORTANCE OF PROPERTY IDENTIFICATION

By Desirae Bachelder, Editor

**EMERGENCY
CALL 911**

The E-911 Addressing Officer/Code Enforcement Officer has noted that many houses throughout town do not have the designated physical address of the building displayed in plain sight on or around the building.

Not only is this a matter of inconvenience for receiving deliveries of oil, propane, or packages; it is also a matter of life safety. In the event of an emergency, Fire, Rescue and Law Enforcement personnel need to find you as quickly as possible.

It is very important that you place your street number on your house or building in a location that is visible from the street or driveway. The height of each number in your address should be a minimum of 4 inches. The color of the numbers should contrast with the color of the building.

If for some reason you do not know what your physical address is for your property, please contact Brandon Woolley at the Town Office for this information.

REMEMBER — SOMEONE'S LIFE MAY DEPEND ON IT!

Sebago Volunteer Association

The Sebago Volunteer have completed another very busy 2018 season with many different activities going on to help raise money.

First are our Placemat's, we use business cards which advertise local businesses in the area, and show our schedule of events for the year. This has grown every year since we have started this. We appreciate the support from our local businesses.

We hold many suppers throughout the summer and into the fall. Our busiest event is Sebago Days; we were there an extra day this year, which helped us out a lot. This is a lot of hard work, but we have had a lot of people that have helped us and we never could do this without their help.

In September, we brought back our turkey dinner and did very well with it. That supper is how we raise funds for the two Scholarships that are given out every year to two Lake Region high school seniors that are going to college.

In November, we held a benefit breakfast for a family who lost their home to a fire. This family lost everything and was lucky to get out alive. We feel very thankful for the town residents here in Sebago, to see people step up and support us when tragic things happen.

Please feel free to contact us and volunteer for an hour or two. We thank everyone who has supported us time after time.

Respectfully Submitted,

Rita Dolloff, Bette Jean, Debbie Crawford

NOTES FROM AMBULANCE 5

By Anita Chadbourne-Field, MSN, FNP-C, EMT-Paramedic
Captain, Sebago EMS

In this edition of the town's newsletter I want to take the time to discuss end of life decisions and the importance of having a frank conversation with your loved ones about your wishes. None of us want to think about the fact that we will someday die. It's a scary concept for many people and, therefore, a topic no one wants to discuss. But as Benjamin Franklin so aptly put it nothing is certain in life but death and taxes.

As I am not about to discuss taxes with you, that means we are stuck with death. In my line of work, I see folks who are frequently confronted with an extremely ill or injured loved one. A loved one who is so ill or injured that he or she cannot make their wishes known. The family members are left trying to figure out what that loved one would want done. Would they want everything done regardless of potential outcome? Would they want nothing done? Do they want to take a middle road and try conservative treatment for a limited period of time? These questions raise a lot of heartache for families and may lead to fights between family members as to which way to go with the loved one's care.

This is where having those scary and tough conversations with your loved ones comes into play. I strongly encourage you to talk with your family. Let them know what you want if you cannot make your own choices. Discuss it with your doctor or healthcare provider at your regular check-up. Discuss it with your friends. Let your wishes be known. I encourage you to complete an **Advanced Directive** and give it to a trusted family member.

Advanced directives can be obtained from your PCP or the local hospital. It is a document which lets you choose someone to be your decision maker should you not be able to make your own choices. Picking a designated party ahead of time helps to prevent family fights when under stress. Advanced directives also allow you to let your family know whether or not you want CPR in the event your heart stops and how aggressive to be with your care should you need IV hydration (fluids into your veins to prevent dehydration), a feeding tube surgically inserted into your stomach or sustain an injury which is life changing.

These are hard topics to discuss when you are calm and merely sitting in your living room with your family. Imagine how hard these topics are when your loved one is in distress and YOU are making the choices but you have absolutely no idea what this person wants for care. Please take the time to chat with your family about your wishes. There are no wrong answers when it comes to end of life decisions made ahead of time. You may find your wishes change as you talk to your family. This is ok. Often what someone wants changes over time. Advanced directives can be changed and updated to reflect your changing thoughts and feelings about the end of your life.

One last thought with regard to advanced directives, once you take the time to talk with your family and fill out the paperwork, PLEASE do not store it only at your lawyer's office. It never fails that this document will be needed after hours on a weekend. Make copies and give them to your doctor, your local hospital, the person you designate as your decision maker, a trusted friend, anyone you are comfortable with having a copy of your wishes. By doing this you will ensure that a copy is available in a timely manner should it be needed.

Thank you for taking the time to read Notes from Ambulance 5. If you have a specific topic you would like to read more about please send us an email at: sebagoems@gmail.com.



2019 PWD Rain Barrel Promotion

The Portland Water District is offering discounted rain barrels in the spring of 2019.

Rain barrels provide an innovative way to capture rainwater from your roof and store it for later use. Water collected by rain barrels can be used to water lawns, gardens, and indoor plants. This water would otherwise run off your roof or through downspouts and become storm water, picking up pollutants on its way to a storm drain, stream, or lake. Here's a way to conserve water and reduce polluted storm water runoff.

Please visit www.pwd.org/rain-barrels for pricing, ordering, and pick up information.

Ordering deadline is May 20, 2019.

For more information about rain barrels, contact Kirsten Ness at kness@pwd.org.

SEBAGO DAYS

41ST YEAR JULY 18,19,20

The Best Family Fun, Fireworks & Entertainment

SEBAGO DAYS COMMITTEE

Mark your calendars, Sebago days will be celebrating 41 years on July 18th, 19th, and 20th. The hours are as follows: Thursday night July 18, 5:00 pm until 10:00 pm, Friday July 19, 3:00 pm until 10:00 pm, Saturday the grounds open at 11:00 am and stay open until 10:00 pm.

We are very excited to have Kavanaugh Amusements make a return this year with a large display of rides and games for all ages. This company has been a big attraction to our event year after year and we are hope for you all to provide them with plenty of business for many future returns.

Here is our schedule so far: Thursday night at 8:00 pm, we have the Bishop Hill Band from Windham. Friday the Talent Show will start at 5:00 pm, registration is at 4:30 pm beside the stage. There will be cash prizes for 1st through 3rd place for 3 age groups. Also Friday at 5:00 pm we will be having our 4th annual cruise night. This has been another big attraction. Last year, we had 75 old cars and trucks. Friday night we have a Gene Behr band called, Primitive Man.

Saturday morning at 8:00 am is the 2k Fun Run/Walk which is held at the junctions of Route 11 and 114 in Sebago. Registration starts at 7:00 am Saturday. At 9:00 am, we have our parade line up at the south end of Wards Cove on Route 114, 5th the parade starts at 10:00 am. 11:00 am we have Southern Maine Tractor Club coming back to do a tractor pull in front of the town garage. Last year we had 40 tractors participate in 9 different weight classes. It was a very good show to watch. Also, at 11:00 am, Wanda Plumber with her dance group will be on the stage. 2:00 pm the Rhonda Dale Band takes the stage. 5:00 pm we have Hurricane Mountain Band on the stage. At 6:00 pm Still Brooke Acres is coming to provide horse and carriage rides. 8:00 pm we have Half Moon Jug Band. Then at 9:30 pm we have our fabulous fire works show that everyone enjoys.

We are working on many more things that we hope to confirm soon. We will be sending a packet to our Sebago school students in June providing updates. To all vendors, we have space applications and fun run/walk applications available on the Town of Sebago website. The committee is always looking for volunteers and new ideas. Please check for updates on our Sebago days Facebook page. Please feel free to contact me to be apart of our team, or if you have any questions about our event. (207) 787-3732

Carl Dolloff

President Sebago days committee

Staying Healthy, Submitted by, Helen Twombly - Health Officer

Augusta, MAINE - The Maine Center for Disease Control and Prevention (Maine CDC) encourages Mainers to get vaccinated against measles as cases of the highly contagious illness continue to appear throughout the U.S. From January 1 to February 28, 2019, 206 cases of measles were reported in 11 states, from Washington to Connecticut. Outbreaks, defined as three or more cases, have been reported in four of these states, and typically started with travelers who brought measles back after becoming infected while traveling overseas in areas where large measles outbreaks are occurring.



Measles is still common in many parts of the world, including countries in Europe, Asia, the Pacific, and Africa. People who are not vaccinated can contract measles while traveling, then bring it back to the U.S. and infect others who are unvaccinated.

To date, no cases of measles have been reported in Maine this year. The last reported case in Maine was in 2017 in an individual who had acquired it after traveling overseas

- Measles is a highly contagious, potentially severe viral illness that begins with a fever, cough, runny nose, and red eyes followed by a rash that usually starts on the face and spreads to the rest of the body. The rash usually appears about 14 days after a person is exposed. Measles can cause health complications including pneumonia and encephalitis, and lead to death.
- Measles spreads when an infected person coughs or sneezes. After an infected person leaves a location, the virus can live for up to 2 hours in the air or on surfaces where the infected person coughed or sneezed. Measles is so contagious that 90 percent of the people close to an infected individual who are not immune will become infected.
- Infected individuals can spread measles from 4 days before through 4 days after the rash appears. The incubation period - the time it takes for symptoms to appear after contracting the virus - is typically 10-14 days, but can be as long as 21 days. During this time, a person with measles can spread the illness before they've learned of their infection.

"The best protection against measles is vaccination," said Dr. Siiri Bennett, Maine State Epidemiologist. "Most people who get measles are unvaccinated. Immunization helps protect you, your family, and your community from this dangerous and largely preventable virus."

The Measles, Mumps, and Rubella (MMR) vaccine provides long-lasting protection against all strains of measles and is scientifically proven to be safe and effective. Two doses of MMR vaccine are about 97 percent effective at preventing measles, and one dose is about 93 percent effective. The few fully vaccinated people who get measles are much more likely to have a milder illness and also less likely to spread the disease to other people, including those who can't get vaccinated because they are too young or have weakened immune systems.

The MMR vaccine is readily available throughout the state. All Maine children up to 18 years of age, regardless of insurance status, are eligible to receive vaccine at no cost.

If you think you have been exposed to someone with measles, inform your doctor immediately.

- Your doctor can determine if you are immune to measles based on your vaccination record, age, or laboratory testing. Adults who are not vaccinated or who have not had the disease should get at least one dose of MMR vaccine.
- If you have symptoms, call your provider for instructions before arriving at the provider's offices or a hospital or clinic. Precautions may be taken to protect other patients and medical office staff from the risk of infection.
- If your symptoms are consistent with the disease, testing may be performed. Individuals without symptoms do not need to be tested.

If you are traveling outside of the U.S., make sure you are vaccinated against measles before you depart.

For more information on measles visit:

- ◆ Maine CDC's measles webpage: www.maine.gov/dhhs/mecdc/infectious-disease/epi/vaccine/measles.shtml
- ◆ U.S. CDC's measles webpage: www.cdc.gov/measles/index.html
- ◆ Maine Immunization Program webpage: ImmunizeME.org



CALL FOR VOLUNTEERS

The Town of Sebago is seeking volunteers that would be willing to film:

Board of Selectmen Meetings — 2 meetings a month

Planning Board Meetings — 1 meeting a month

Training will be provided by Lake Region Television.

If interested, please contact Michele at the Town Office:

(207) 787-2457 Or townmanager@townofsebago.org



SEBAGO LIONS CLUB



WE ARE ACTIVELY SEEKING NEW MEMBERS!

IF YOU HAVE AN INTEREST IN SERVING YOUR COMMUNITY WE ARE THE CLUB FOR YOU.

DON'T KNOW WHAT WE DO?

CHECK OUT OUR FACEBOOK PAGE TO SEE US IN ACTION!

YOU CAN ALSO SEE OUR ANNUAL SUBMISSION TO THE TOWN REPORT FOR A LIST OF DONATIONS AND ACTIVITIES.

WE ARE CURRENTLY PREPARING FOR OUR BUSY SUMMER SEASON.

MEMORIAL DAY IN THE VETERAN'S PARK WILL BE HERE BEFORE YOU KNOW IT.

OUR WHEELS AND WATER **FOOD BOOTH** WILL BE AT WATSON'S CAMPGROUND ON FATHER'S DAY WEEKEND. WE HAVE BEEN ASKED TO CONSIDER DISCONTINUING OUR **YARD SALE** IN FAVOR OF HOSTING BINGO/BEANO GAMES DURING SEBAGO DAYS – DECISIONS ARE BEING MADE.

WE WILL HAVE OUR ANNUAL **LOBSTER AND CHICKEN BBQ** AT S.D.

WE HAVE **TENTS AND TABLES** AVAILABLE FOR RENT-WE CAN DELIVER, SET UP, AND PICK UP.

THE FALL WILL BRING OUR **GOLF TOURNAMENT**.

THIS SUMMER WE WILL BE DOING SOME LIGHT MAINTENANCE ON THE **DOUGLAS MOUNTAIN TRAIL** AS ALWAYS, WE ARE OPEN TO NEW PROJECTS, NEW PARTNERSHIPS AND NEW IDEAS!

JOIN US FOR AN HOUR, A DAY OR A YEAR.

OUR BUSINESS MEETINGS ARE THE FIRST THURSDAY OF THE MONTH
6:30PM AT THE WARMING HUT

TINA LIBBY-HOOK, CLUB PRESIDENT
207-809-9142

ATTENTION HIGH SCHOOL SENIORS LIVING IN SEBAGO!
BE SURE TO APPLY FOR OUR LION'S CLUB SCHOLARSHIP FOR \$1,000
READ ON FOR THE APPLICATION AND REQUIREMENTS

DEAR STUDENT ,

IF YOU ARE APPLYING FOR THE SEBAGO LIONS SCHOLARSHIP, YOU SHOULD BE AWARE OF THE FOLLOWING:

- THE SCHOLARSHIP IS IN THE AMOUNT OF \$1,000.00 AND WILL BE AWARDED AFTER THE COMPLETION OF YOUR FIRST SEMESTER WITH A GPA OF 2.0 OR BETTER, AND THE INTENTION OF CONTINUING A COURSE OF STUDY.
- THE ATTACHED APPLICATION SHOULD BE HANDWRITTEN AND FORWARDED TO THE SEBAGO LIONS NO LATER THAN **APRIL 20, 2019**, ALONG WITH YOUR SHORT ESSAY ANSWER TO THE QUESTION.
- IT IS YOUR RESPONSIBILITY TO PROVIDE A COPY OF YOUR **HIGH SCHOOL TRANSCRIPT**, AND AT LEAST **ONE RECOMMENDATION** FROM A TEACHER OR GUIDANCE COUNSELOR.
- ALSO INCLUDE ANY S.A.T. SCORES, A.C.T. SCORES AND YOUR CLASS RANK.
- APPLICATIONS WILL BE JUDGED IN MAY, AND THE WINNING APPLICANT WILL BE NOTIFIED BY MAIL.

THANK YOU FOR YOUR INTEREST AND BEST OF LUCK !



SEBAGO LIONS SCHOLARSHIP COMMON APPLICATION

DEADLINE: APRIL 20, 2019

NAME: _____ DATE OF BIRTH: _____

MAILING ADDRESS: _____

PHONE/EMAIL CONTACT: _____

POST SECONDARY SCHOOL YOU PLAN TO ATTEND:

PROGRAM OF STUDY:

_____ LENGTH OF PROGRAM: _____

FATHER/GUARDIAN NAME: _____

ADDRESS: _____

OCCUPATION: _____

MOTHER/GUARDIAN NAME: _____

ADDRESS: _____

OCCUPATION: _____

TOTAL NUMBER OF PERSONS DEPENDANT ON PARENT/GUARDIAN INCOME (INCLUDE PARENT): _____

USE THE INFORMATION ON YOUR SAR (STUDENT AID REPORT) TO COMPLETE THE FOLLOWING:

TOTAL TUITION COST: \$ _____

TOTAL COST OF ROOM AND BOARD: \$ _____

TOTAL AMOUNT OF LOANS FOR NEXT YEAR: \$ _____

TOTAL AMOUNT OF GRANTS, SCHOLARSHIPS AND WORK STUDY: \$ _____

ESTIMATE OF FAMILY CONTRIBUTION FOR NEXT YEAR (EFC): \$ _____

TOTAL UNMET NEED: \$ _____

WHAT ARE YOUR WORK PLANS FOR THIS SUMMER?

SEBAGO ELEMENTARY SCHOOL

We are officially half way through our first year as an independent school! We have accomplished so much in a very short time frame. We would like to thank the community for their overwhelming support as we continue to adjust to this new level of independence.

Projects we are working on:

- Forming a Pre-Kindergarten Committee to explore the possibility of having a Pre-K in Sebago
- Exploring different heating options for the school (i.e. Solar Panels, upgrading light fixtures, back-up generator, etc.)

Budget:

- April 16th - Warrants will be ready to be signed by the Selectmen
- May 14th - Town Meeting
- May 28th - Budget Vote

What we have been up to:

- Hired 24 new staff members at the beginning of the school year. Many of those positions were part-time and we are very excited with the caliber of folks we brought on board!
- Applied and received a grant in the amount of \$69,200 from the Volkswagen Environmental Mitigation Settlement to help purchase a brand new bus. The bus is ordered and will be here in May.
- Adopted a newer version of a math program that is preferred by teachers - Everyday Math. We are really enjoying working with this program again and "playing" math games that really focus on learning math in a fun way.
- Restructured our reading program and focused on teaching literacy in a reader's workshop model. We are really working hard, especially at the first-grade level, to get everyone up to grade level. It is a big year for learning to read!
- Introduced IXL for math and literacy in all the classrooms. IXL is an online program which allows students to learn new concepts or practice topics they are struggling with. It is very engaging and is one way we can differentiate the learning opportunities for our students.
- We are now one to one with laptops for students in grades 2-5. We have 20 i-pads and five Kindles for our students in kindergarten and first-grade. The children of this generation are "Digital Natives". Part of our job as educators is to make them responsible consumers of their digital world. These laptops, i-pads, and Kindles make that even more possible!
- Thanks to the SPICE Committee, we have a brand new sign out front!
- In January and February, we had a series of extended school days on Wednesdays. The extra hour each week for five weeks allowed us to make-up the day in October when we didn't have power. In March/April, we stayed an extra hour for five Tuesdays and Thursdays in a row to make up another two snow days. We also made March 8th a student day. During those days, students participated in a variety of activities:
 - Make-up PE classes (due to Monday early releases) on the Wednesdays
 - K, 2nd, and 3rd - STEM lessons
 - 1st grade is doing extra literacy lessons with Title I and Standards Interventionist
 - 4th & 5th - extra science and social studies lessons
 - Special Ed will do make-up services
- Professional Development for Staff:
 - Working on the Emergency Response Plan
 - Team Meetings
 - Reviewing NWEA & IXL data
 - Preparing for the MEAs
 - Training for Everyday Math
- We had the GeoBee on Thursday, January 17th with Allen Crabtree as our moderator. In third place, we had Audrey Dubay. In second place, we had Ronan Davis. First place went to Brody Therriault. Brody took an online GeoBee assessment to try to qualify for the state level championship, which will be held in Farmington at the end of March.
- Superintendent Marc Gendron worked with the fifth-grade class on the Stock Market Game. Two of our teams came in first and second in the whole state! Mr. Gendron and the two teams will be attending a special awards banquet in May. They are already gearing up to see if we can do even better in the spring version of the Stock Market Game!

Respectfully,

Marc Gendron, Superintendent
Kirsten Goff, Principal

A New Sign for the New Sebago Elementary School

By Allen Crabtree

It was standing room only at the dedication of a new sign for the Sebago Elementary School on Saturday, November 3, 2018. Eighty parents, children and supportive citizens of Sebago filled the multi-purpose room at the school to hear Sebago School Department committee chair Tina Vanasse, Superintendent Marc Gendron, and Allen Crabtree speak about Sebago's long history of educating its children, the long process of withdrawing from MSAD61, and the bright future that our town and our children have now that we have our own school.

In his remarks Crabtree said: "We have all come a long way in Sebago, and today as we dedicate the sign for our own Sebago Elementary School, we should all look back at where we have come from and look forward to what the future will hold for our town, our own school, and our children.

Education of our children has been a Sebago priority from the town's early days where there were many small one-room school houses scattered around town. These operated for many years. It was a red-letter day in March 1951 when Dorothy Spaulding gave the town the building and land for the town's first Consolidated Grammar School. This structure was built as an inn in 1880 before additions and being converted to a school. Located in East Sebago, it was ideally situated to house the town's elementary students. As Sebago Elementary School it became the focal point of our little town, providing a quality education for our children.

Potter Academy was another significant Sebago educational institution. To meet the educational needs of our older children, the Academy was built in 1895 in Center Sebago as the town's high school and operated there for 76 years.

All that changed in 1971 when Sebago joined Maine School Administrative District 61 (MSAD61). Sebago's elementary students continued to be educated at Sebago Elementary School, but it was now one of four elementary schools in the District. Sebago's Potter Academy was closed, and along with the other towns in MSAD61 (Naples, Casco and Bridgton) Sebago's older students attended the Lake Region Middle and High Schools in Naples.

Withdrawing from MSAD61

Sebago's relationship with MSAD61 had its ups and downs over the years, but the persistent threat of having our little community school closed was the prod to move the town to action. There was a strong feeling in Sebago that if SES were closed it would "rip the heart" out of our little community, affect the education and safety (excessively long bus rides) of our students, and discourage parents and their school-age children from moving to Sebago as a desirable place to live. Sebago voters had looked with alarm at the closing of elementary schools in nearby Hiram, Baldwin and Cornish in favor of larger, consolidated schools, and what it had done to these communities without their community schools. We witnessed as well the MSAD61 closing of the Casco Memorial Elementary School and the Bridgton Memorial School. We love our little school and believe that we have some of the best teachers and one of the strongest parent support networks anywhere and didn't want to lose it.

At a referendum on February 2, 2016 Sebago voters overwhelmingly approved beginning the long 22-step process to withdraw from MSAD61. A four-person withdrawal committee was formed with Joe McMahon (a MSAD61 board member for Sebago), Tim Mayberry (a Sebago Selectman), Richard Merritt and Lisa Johnson (both citizens of Sebago with background in the school system). After two long years of negotiating, a withdrawal agreement was reached whereby Sebago would leave MSAD61 and become an independent municipal school system.

Our Own School

On November 7, 2017 Sebago voters again overwhelmingly approved withdrawing from MSAD61 after 46 years, and the Sebago School Department was born. Now that education in Sebago has come full circle, what will the future hold? Being on our own is a little scary as we are now responsible for not just the education of our children but also all the other details that were handled by MSAD61 when we were part of it.

Since then a five-member Sebago School Committee has been elected by Sebago voters and several citizen advisory committees have been active in reviewing the programs that will be necessary to have our own school. Superintendent Marc Gendron has been hired and has led the effort to staff Sebago Elementary and address the myriad issues in running a school department.

As part of the withdrawal agreement MSAD61 transferred the Sebago Elementary School building and land back to the Town of Sebago on July 2, 2018. Sebago Elementary School now belongs to the town again, and once again Sebago has its own school and the independence to educate our children as we see fit. As part of the withdrawal agreement, our older students will go to Lake Region middle and high schools, or to other school districts.

The Sebago School Department began operations on July 1, 2018, and school started on August 29, 2018. There is great value in being masters of our destiny and things are off to a very good start with a full complement of dedicated teachers and staff, eager students, super supportive parents and the strong backing of the Sebago community."

Crabtree concluded: "If history is any guide, Sebago will do fine on its new course, melding our heritage of dedication to the quality education of our children with a firm commitment to a bright future for them and our town."



The New Sign

The new sign for the front of the Sebago Elementary School was the brainchild of Sebago Partners in Community Education (SPICE) and the Sebago PTC. Treasurer of SPICE, Tammy Girardin, helped design and ordered the sign's construction. She and Lisa Johnson, President of SPICE, led the fundraising effort. It was carved, constructed and delivered by Jim Shula of Saltwater Construction. Adam Irish dug the deep holes for the granite posts, and Kevin Hale is doing the electrical work to light the sign. Swenson Granite supplied the stone and driver/installer. It was a cold, raw day when the Swenson Granite truck arrived with the posts, and a small group installed them and hung the sign. Phil Lowe and Grosvenor Newcomb were key to the installation.

There were several exhibits in the multi-purpose room at the school, including pictures and posters that showed the history of the withdrawal effort prepared by Claudia Lowe and others, and a display by the Sebago Historical Society that showed a time line of Sebago schools from 1826 until today created by Margaret Allen and Nancy Sosman. Sarah Bianculli (Vice President of the Historical Society) created and printed brochures, and June and Donelle Allen who brought in historical school items to display including many old text books and teaching materials from Sebago.

Unveiling the sign

It was cold and raining outside, but after the speeches and looking at the displays, that did not deter the crowd from gathering at the front of the church for the formal unveiling of the sign. On the count of "one-two-three" a group of Sebago Elementary School students pulled off the tarp covering the new sign to the applause and cheers of the group gathered under umbrellas and in rain gear. School Committee Chair Tina Vanasse reminded the group that our children are our future and charged the students "Every time you look at this sign, remember that many people believe in you! There is nothing that you cannot accomplish with hard work if you put your mind to it!"



Be Apart of Something Great

Join the American Legion

Lopeman-Potts Post 67 Family



The American Legion is the nation's largest and most powerful organization of U.S. Veterans and their families. Established and approved by Congress in 1919, the American Legion has delivered substantial improvements for veterans, families and communities. The American Legion was founded on four pillars; Veterans Affairs and Rehabilitation; National Security; Americanism; and Children & Youth.

If your interests are community work, working with kids (Americanism and/or Oratorical programs), helping homeless veterans, veterans in need, or becoming a Post Officer, the American Legion Lopeman-Potts Post 67 located on Depot Street in Bridgton just may be the place for you.

If you would like to become a member of the American Legion, American Legion Women's Auxiliary or Sons of the American Legion, and the newly chartered chapter of the American Legion Riders Lopeman-Potts Post 67, Contact Post Historian and Legion Riders Asst. Director Skip Brown @ (207)787-1394 or email leatherneckrider@gmail.com, please write "Membership" in the subject line.



SEBAGO HISTORICAL SOCIETY



Greetings, friends and neighbors,

The Historical Society is planning for an eventful season again this year. We will be starting off with our first program in April. The schedule is as follows:

April is Poetry month and we will be celebrating on Saturday April 27 from 2:00 PM - 4:00 PM at the library. Bring your own poetry or your favorite poem to read aloud. We will be reading some of Jack Barnes' poetry.

May: Elementary School children will visit our museum for a little history lesson. Date to be determined.

Saturday, May 11 7:00 PM at the library: Malaga Island presentation. This is a very sad and shameful story in the annals of Maine history – the destruction of a community of mixed race families forced from their homes in the late 19th century. Learn of Sebago's connection to this story.

Wednesday June 19 6:30 PM: Glenn Grant will host our 3rd annual Antiques Road Show – Sebago Style. Held at our museum at 347 Convene Rd, bring items to be appraised for \$5.00 each

Saturday beginning of August: Historic house tour (s) – the Pinansky's house on Hogfat Hill Road. Time and details to be determined

Saturday, September 21: Fall Open house, 1:00 PM - 4:00 PM, including a presentation on heirloom apple varieties, demonstrations on 19th century crafts and viewing of larger items in our display shed.

Saturday, October 19: Cemetery tour at the Pike Yard, on Allen Road in Sebago. Rain date is Sunday October 20th. Learn the history of some of our earliest inhabitants. Picnic and hike to follow. Time to be determined.

Monday, November 11 12:00 PM at the library: Veteran's Day program – Presentation by Wayne Peabody on the exploration of Sebago Lake to find WW2 planes that crashed there. Remembrances by locals to follow.

AND Open Building dates for visitors to stop by... Saturday afternoons in July and August from 2:00 PM - 4:00 PM and the 3rd Wednesday of those months 3:00 PM - 7:00 PM. Come learn your family's or home's history.

We are starting up our Sebago Echoes newsletter again. It will be available online, on our Facebook page, on our website and by email if you supply your address. We can also mail copies to member's homes.

Sebago Branch Duckers Snowmobile Club



The State of Maine has over 14,000 miles of trails that are marked & maintained. If you ride snowmobile locally, hopefully you have seen the continuous improvement in our local trail system. Sebago volunteers, (your friends and neighbors), work countless hours to keep the sport alive right here in your community. Over the past year, the club has grown once again in terms of membership numbers. Snowbanks at road crossings & trail entrances continue to be a challenge for us. Please, if you plow snow feel free to contribute to the club by keeping trail entrances open and safe. We also want to thank all the landowners who share their land with all of us. Without the landowners we wouldn't have a trail system. Have a safe & respectful snowmobile season!

Membership Application

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: _____

Email Address: _____

Spouse: _____

Children: _____

Dues: \$30.00 Includes family or individual membership.

Annual membership includes local club dues as well as a Maine Snowmobile Association Membership. Members will receive a subscription to the Maine Snowmobiler newspaper and eligibility for the MSA scholarship program. (Must be a member for 2 years and enroll by January 1 of the current season.)

Please make checks payable to Sebago Branch Duckers and mail to...

Sebago Branch Duckers

PO Box 156

Sebago Maine 04029

SebagoBranchDuckers@gmail.com

Thank you for your support!!

The Branch Duckers meet on the first and third Saturday of every month at 8:00 a.m. at the "old" Town Hall Building (408 Bridgton Rd). New members are always welcome. For more information contact Chris Anderson at SebagoBranchDuckers@yahoo.com. or check them out on Facebook @SebagoBranchDuckers.

TOWN OF SEBAGO

406 Bridgton Rd.
Sebago, ME. 04029

Phone: 207-787-2457
Fax: 207-787-2760

We're on the Web!
www.Townofsebago.org

MISSION STATEMENT

To provide truthful, up-to-date, and educational information on how the community works, in order to provide the opportunity for making informed decisions while also enriching the lives of our citizens that want to live here, prosper, and raise their families.



COMMUNITY CALENDAR & IMPORTANT REMINDERS



BOARD OF SELECTMEN MEETINGS

(Tuesdays at 6:00 p.m.)
April 2nd & 15th
May 7th & 21st
June 4th & 18th
July 2nd & 16th
August 6th & 20th
September 3rd & 17th



PLANNING BOARD MEETINGS

(Tuesdays at 7:00 p.m.)
April 9th
May 14th
June 11th
July 9th
August 13th
September 10th

TOWN MEETING

Tuesday, May 14, 2019 6:00 p.m.
at the "Old" Town Hall Building.



ELECTION DAY

Tuesday, May 28, 2019
(Polls are open 8:00 a.m. to 8:00 p.m.
at the Town Office Building)

2018 — 2019

PROPERTY TAX DUE DATE

May 7, 2019



WANT TO SAVE SOME TIME? WHY NOT DO YOUR TOWN OFFICE TRANSACTIONS ON-LINE?

If you would like to save some time, instead of coming to the Town Office during normal business hours, you can renew your recreational licenses, boats, ATVs, dogs, vehicles, and trailers on-line by using the links on our webpage at
www.townofsebago.org.



SEBAGO BRANCH DUCKERS SNOWMOBILE CLUB

Meetings are the first and third Saturday of every month at 8:00 a.m. at the "old" Town Hall Building (408 Bridgton Rd).

SEBAGO DAYS
July 18th, 19th & 20th.

ASSESSORS FIELD WORK

Just a reminder that every spring the Town of Sebago starts conducting it's yearly assessing of resident's properties. Employees from John O'Donnell & Associates have permission from the Town of Sebago to assess properties in the Town.

If you have any questions or concerns, please call 787-2457



SEBAGO VOLUNTEERS MEALS

May 18th

Turkey Pot Pie 5:00pm – 6:30pm

June 15th

Breakfast 8:00am – 11:00 am

July 6th

Breakfast 8:00am - 11:00am

August 17th

Bean Supper 5:00pm - 6:30pm

September 7th

Scholarship Dinner/Turkey Dinner
5:00pm - 6:30pm

October 12th

Turkey Pot Pie

As always the Sebago Volunteers will have a booth during Sebago Days.

July 18th, 19th & 20th.

Thank you for supporting the
Sebago Volunteer Association